

ESTRO LUNG CANCER MENTORSHIP PROGRAMME

After the successful initiation of a general mentoring program by the Young Committee, within the ESTRO Lung Cancer Focus Group, the initiative emerged to launch a mentoring program tailored for radiation and clinical oncologists involved in the field of lung cancer. The aim is to help young colleagues in becoming the next generation of clinical leaders in thoracic radiation oncology.

Aim

Besides the general benefits of mentoring, this program will provide enhanced networking opportunities and facilitate in-depth discussions on advancements in the field of lung cancer.

The main aims include:

- *Skill development*: Transfer of expertise and experience;
- *Career planning*: Guidance on goal setting and networking;
- *Emotional support*: Providing a place to discuss ambitions, challenges and more.

Program structure

This is a 24 months-program, with potential for continuation afterwards.

From Jan 2025-April 2025, there will be three online sessions focusing on:

- general aspects of the mentoring program;
- becoming a clinical expert;
- performing research and working in professional organisations;
- career planning; maintaining a healthy work-life balance.

Mentors and mentees will be matched in April 2025 and meet in person during the ESTRO 2025 Annual meeting in Vienna. After that, we expect monthly 1:1 interaction between mentor and mentee for 20 months and will organize a few online meetings for discussion of general topics and feedback.

Becoming a Mentee

Mentees should demonstrate commitment, and have clearly define their goals for the mentorship relationship, and ensure a suitable match with their mentor.

Mentees should:

- be an ESTRO member;
- be a practicing physician in radiation oncology;
- have completed their residency less than 10 years ago;
- have demonstrated a specific interest in the field of thoracic malignancies;
- be fluent in written and spoken English;
- commit to providing a report detailing agreed goals and timelines after the first meeting, with progress updates according to the agreed program.

Becoming a Mentor

The potential benefits for the mentor include enhancing coaching abilities, promoting self-reflection, and increasing job satisfaction.

Mentors should:

- be an ESTRO member;
- be a practicing physician in radiation oncology;
- have completed their residency more than 10 years ago;
- have demonstrated a specific expertise in the field of thoracic malignancies through international collaborations and publications;
- be fluent in written and spoken English;
- already have some experience in mentoring younger colleagues within their department or in other organisations;
- possess active listening skills and be able to provide constructive feedback, and support

Registration (scan mentee or mentor QR code)

